

» PRAYER & PRAISE

Workplace is where discipleship meets enormous challenges. But this is also where God's Kingdom strikes back! We will keep watch over our marketplace ministers and our homemakers. Come hear from Jacelyn Teo, a working mum in senior management who partners with her husband to nurture four children at home. Be inspired by her journey of following God in these two arenas of life.

Date: 28 Oct (Fri) **Time:** 8 pm
Venue: WDL Centre

» PARENTING TRAINING

If you are planning or expecting your first child, Parenting with Love is for you.

Dates: 5 and 12 Nov (Saturdays)
Time: 12pm - 5pm **Venue:** BPJ Centre
Fee: \$50/couple

Sign up at the Information Counter on Sundays or email fic@cefc.org.sg

» DISCOVERY WEEKEND

Courting couples, find out where you are in your relationship and learn how to grow together, as you honour God in all you do.

Date: 22 Oct (this Sat)
Time: 8.45am-5pm (lunch and breaks included)
Venue: BPJ Centre

Sign up at the Information Counter.
For enquiries, email fic@cefc.org.sg

» CHURCH STAFF RECRUITMENT

We are looking for the following to join the Staff Team:

- Centre Administration cum Mobilisation for Covenant East Centre
- Executive (Missions)
- Executive (Conferences/Events)

For job requirements, visit www.cefc.org.sg/index.php/about-us/recruitment

If interested, please email your resume to hr@cefc.org.sg by 30 Oct.

» COVENANT EAST

Covenant East will hold its first service on 6 Nov! Use the invite card to invite your pre-believing and unchurched family, friends and colleagues who live in the East. More invite cards are available at the Information Counter.

To thank God for His faithfulness and to get yourself familiar with the service and location, join our *Thanksgiving and Orientation Service*.

Date: 22 Oct (this Sat)
Time: 9.30am Prayer, 10am Service
Venue: UE Convention Centre, 4 Changi Business Park Ave 1, S486016

» MOVIE SCREENING FOR SEEKERS

Seekers Ministry is organising an outreach event with the screening of the acclaimed movie "The Ultimate Gift". Invite your family and friends who are seeking answers in life!

Date: 12 Nov (Sat)
Time: 5.30pm-8.30pm
Venue: ACKCentre Performing Studio
Dinner and short discussion follow after the movie.
Entry is free but registration is required due to limited seating capacity. Register at tinyurl.com/seekersmoviescreening

» BREAKTHROUGH WEEKEND (BTW)

The last day of registration is on 30 Oct. Come with your CG mates to intentionally be away with the Lord for an extended time. Register at voyager.cefc.org.sg

Men's BTW and Women's BTW
Dates: 2-4 Dec Fee: \$290/pax*
For enquiries, email menbtw@cefc.org.sg or womenbtw@cefc.org.sg

Marriage BTW
Dates: 25-27 Nov Fee: \$620/pax*
For enquiries, email marriagebtw@cefc.org.sg
*Rates do not include optional transportation.

WOODLANDS 16 OCT 2016

SERVICE LEADER PS SHARON FONG // WORSHIP LEADER MAVIS AND LOW WEI SHING



Start Dating Your Children

BY: NELSON ONG, FAMILIES-IN-COVENANT

Recently, some parents shared about what they prepared for their kids after PSLE — one father is bringing his daughter to Darwin, a mother is bringing her daughter to Taiwan, and another one is having a staycation with his son — all for the purpose of strengthening bonds with their growing kids. Yes, way before their PSLE results are out! This is a milestone in their life and a celebration of their hard work. It is also a good preparation for the new chapter in their life as teenagers — a rite of passage.

I didn't do anything with my son after his PSLE. By the time I learned about one-to-one parent-child outing, he was already in Secondary 1. So I played catch-up. Having no idea what I should do, I took the plunge during his term one school holiday by taking him to Malacca on my motorcycle. We checked into a hotel for two nights. What did we do? Nothing serious. We roamed the streets, climbed the historic St Paul's Hill, visited markets, ate delicious food, watched movies, and had an artist draw a caricature of us on a motorcycle.

One other memorable thing we did was slotting in coins and playing games at the arcade. I lost big time to my son! During those three days, we talked about anything under the sun except school work, as advised by the experts.

Interestingly, after that trip, our relationship took a turn. My son periodically asked about our next trip together, just the two of us. We did a few more trips including one to Himalayas before his NS enlistment. I thoroughly enjoyed it, but I was wondering if he did enjoy the "torture". Surprisingly, he suggested that we should return to Nepal another time to do the Everest Base Camp Trek!

School holidays are around the corner. Parents, amidst your many plans, may I suggest you include a parent-child outing with your kids? Keep doing it and be surprised that your kids really enjoy the time spent alone with you. Start dating your children!

Impress them on your children. Talk to them when you sit at home and when you walk along the road, when you lie down and when you get up. – Deuteronomy 6:7, NIV



VISION

AUTHENTIC
DISCIPLESHIP
& INTENTIONAL
DISCIPLEMAKING
OF A CERTAIN KIND

VALUES

GRACE
GROWTH
GODLINESS

COVENANT EFC

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SERMON OUTLINE



Discipleship in the Family

Scripture: **EPHESIANS 6:1-4** Sermon: **PS IVAN HO**

Introduction

A. Children, Honour Your Parents (vv.1-3)

B. Parents, Disciple Your Children (v.4)

Conclusion

Next Week's Sermon Speakers:

23 Oct **REV TAN KAY KIONG** (BPJ) and **REV TONY YEO** (WDL)

LAST WEEK'S SERMON SUMMARY



Experience the Mystery of Marriage

Scripture: **EPHESIANS 5:31-33** // Sermon: **REV DR CHUA CHUNG KAI**

Introduction

The key idea God has for marriage is “oneness”. To experience this ONENess, we must...

A. Understand God's Design for Marriage (vv.31-32)

“...a man will leave...and be united to his wife, and the two will become one flesh.” (v.31)

1. There is a **WAR** against the ONENESS

Various other ideas have come against the marriage institution:

- a. Cohabitation seems to work but social studies are revealing that it really takes a vow of permanence to have any true transforming power.
- b. Divorce rates have been rising in our nation from ~10% in 1980 to ~25% in 2015. We must resolve to be “postage stamp” marriages rather than “post-it” marriages.
- c. The LGBT movement is also seeking to redefine marriage.

2. The **MEANING** of that ONENESS

- a. Physical Oneness refers to physical intimacy. God has given the husband to give pleasure to his wife and vice versa through that physical oneness.
- b. Emotional Oneness. It's important for the man to emotionally detach from his parents and attach himself emotionally to his wife. He must also learn to be aware of his own feelings and thus be able to better link with his wife in oneness.
- c. Spiritual Oneness. This means aligning ourselves more and more with God. It's vital that the couple makes Jesus the Lord of their individual lives and marriages.

3. The **SIGNIFICANCE** of that ONENESS

The Lord designed marriage to mirror the **oneness** that Jesus will have with His Church one day. That's why marriage is more than just two people coming together. Their willingness to live in Covenant with each other actually transforms the way God and society views them. There is this sacredness in marriage.

B. Embrace Our Roles in Marriage (v.33)

“...each one of you also must love his wife...and the wife must respect her husband.” (v.33)

1. Husbands **must love** your wives: The text does not say the husband is to love his wife if she is lovable. It's vital that the husband study his wife to discover how he can meet a need to express that love. As he does so, he would play his role toward oneness in their marriage.
2. Wives **must respect** your husbands: The text does not say the wife is to respect her husband when he is respectable. It's vital that the wife does not discredit her husband publicly. Instead, she is to be his cheerleader. As she does, she would play her role toward oneness in their marriage.

Conclusion

By ourselves, we would not be able to do these commands and experience that **oneness**. It is only when we are **filled** with the Spirit (Eph 5:18) that we will be able to do so. May our lives be fully surrendered to the Spirit of our Living God!