

» 38TH ANNIVERSARY SERVICE

We are celebrating Covenant EFC's 38th birthday as *One Family* with a special combined service. We will also have a children's service for three to ten-year olds.

Date: 4 Sep (Sun)

Venue: Singapore EXPO Hall 1

Time: 9.30am

Starting today, please share with us your photos and thoughts on how Covenant EFC is One Family to you! Upload your photos to Instagram and Facebook with the hash tag #OneFamily and tag us @covenant.efc

» CYAN FELLOWSHIP

Come and hear about building relationships from Lisa Anderson, the author of "The Dating Manifesto" and director of Young Adults at Focus on the Family.

Date: 20 Aug (this Sat) **Time:** 6.45pm-9.00pm

Venue: 2 Kallang Ave, CT Hub, #10-14, S339407

This is a ticketed event. Please register online at tinyurl.com/cyanrelationships

» NEW LIFE CHARITY GOLF 2016

New Life is holding its Charity Golf where you can play in order to give. Register today!

Date: 15 Sep (Thu)

Venue: Tanah Merah Country Club (Tampines)

Time: 1pm (golf playoff); 7pm (appreciation dinner)

Guest of Honour: Dr Vivian Balakrishnan, Minister for Foreign Affairs

To sign up or enquire, contact Debbie Wee at debbiewee@newlife.org.sg or 68927249 by 14 Aug.

» MEN'S CONFERENCE 2016

Discover together with your CG/MG brothers how we can become the man God created us to be at the "Man Alive" Conference. The speaker is Patrick Morley, the author of "Man in the Mirror", a book on a man's purpose, meaning and relationships that has impacted men worldwide.

Date: 25 Oct (Tue) **Time:** 7.30pm-10.00pm

Venue: St Andrew's Cathedral (opposite City Hall MRT)

Registration is FOC but required by 23 Aug at <http://manalive2016.eventbrite.com>

Men-in-Covenant secured special priority allocation for CEFC men for the above conference till 23 Aug, 10 pm (code is "CEFCMen" - please do not share this beyond CEFC). Registration is public thereafter. This conference has a total limited capacity for only 800 men.

» CYAN BREAKTHROUGH WEEKEND

For those who have registered for CYAN BTW, we will be having our CYAN BTW Spiritual Preparation. See you there!

Date: 28 Aug (Sun)

Time: 2.30pm-4.30pm

Venue: BPJ Centre, Chapel

» MEMBERSHIP CLASS

Sign up at the Information Counter.

Date: 24 Sep (Sat)

Time: 9am-4pm

Venue: ACKCentre

BUKIT PANJANG 14 AUG 2016
SERVICE LEADER PS ADRIAN CHAN // WORSHIP LEADER DAVID CHONG

Marketplace Discipleship

BY: PAUL SAMUEL, DISTRICT MENTOR

This year is our 21st IDMC Conference in Singapore. Since I came to Covenant more than 12 years ago, I have attended almost all of the conferences, first as a delegate, then as a volunteer, and now as a church staff. At each conference I attended, God always opened my eyes to something new to learn about my own discipleship walk. Sometimes, it was like drinking from a fire hydrant, with so much content and information hitting me. At other times, it was about hearing familiar anecdotes which remind me of different things in my own walk that I need to pay attention to. Each IDMC Conference has provided me with a step change in my own personal growth.

This year, the topic is something very close to every Covenanter called to the marketplace. As I worked with the various workshop panelists and people leading up to the conference, I am reminded of my own journey in the marketplace before coming on staff. How challenging it can be in the marketplace, dealing with the many different pressures points and still wanting to live out my

faith and beliefs often in very difficult situations. I was also reminded how our Lord was always there at every turn and often provided a way through those difficult times. I learnt to trust Him more and more and have been awed many times when He turns up and turns things around.

This year, as part of the conference, we have planned for workshops where different ones from the marketplace will be present to share their own journeys and how God has been ever so faithful. They will be sharing on how we can apply the principles which our plenary speakers, Ps Edmund Chan and Ps Ann Chan, will be sharing as a demonstration of God's faithfulness and love to us in the marketplace.

Come and join us, if you have not already done so. Registration is still open. I believe that this IDMC Conference will definitely change the way you view your work and where God has placed you in the marketplace. My prayer is that we will get hold of God's vision for the marketplace and be the difference to transform it for His glory.



VISION

AUTHENTIC
DISCIPLESHIP
& INTENTIONAL
DISCIPLEMAKING
OF A CERTAIN KIND

VALUES

GRACE
GROWTH
GODLINESS

COVENANT EFC

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SERMON OUTLINE



The Key to Rebuilding Relationships

Scripture: **EPHESIANS 4:30–5:2** Sermon: **PS ANDY LEW**

Introduction

Three Key Principles of God-centred Forgiveness:

A. Look **INWARD** for **Signs of Unforgiveness** (Eph 4:30-31)

“Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.” (v.31)

B. Look **UPWARD** for the **Source of Forgiveness** (Eph 4:32-5:1)

“Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.” (v.32)

C. Look **OUTWARD** to **Serve the Forgiven** (Eph 5:2)

“And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.” (v.2)

Conclusion

Next Week's Sermon Speaker:
21 Aug **REV DR CHUA CHUNG KAI** (BPJ) and **REV TAN KAY KIONG** (WDL)

LAST WEEK'S SERMON SUMMARY



I Am Changed

Scripture: **EPHESIANS 4:25–29** // Sermon: **REV TAN KAY KIONG**

Introduction

A **new life** in Christ is proven by a **new self** through Christ. However, carnality can destroy this unity, maturity and vitality we have in Christ.

Our New Life in Christ Should Change Us in at Least Three Ways:

A. What We **SAY** (v.25)

In verse 25, Paul writes “Therefore, having put away falsehood, let each one of you **speak** the truth...” Let's put off lying and pretense and **speak** the truth. Why? Because we are **family**. This is the hallmark of the new community. Stott: “For fellowship is built on trust, and trust is built on truth. So falsehood undermines fellowship, while truth strengthens it.”

B. What We **FEEL** (vv.26–27,29)

1. “Be angry and do not sin.” (v.26) The Scripture acknowledges that as humans, we do get angry. Anger is a God-given emotion to diagnose what is bothering our inner being. We get angry when we become vulnerable, when we lose out or lose face. As Christians, we may be quick to **suppress** or **repress** or **express** our anger. We need to **confess** our anger to God.
2. Three principles on how to deal with our angry feelings:
 - a. Deal with it **quickly**: “...do not let the sun go down on your anger” (v.26) An idiom to urge us to deal with anger ASAP. Learn to **admit** your anger.
 - b. Deal with it **ruthlessly**: “and give no opportunity to the devil” (v.27) Once the devil finds residence in us, he will used us to cause damage to others and ourselves. Jas 1:19–20 “...quick to hear, slow to speak and slow to anger; for the anger of man does not produce the righteousness of God.”
 - c. Deal with it **wisely**: “Let no corrupting talk come out of your mouths...” (v.29) How?
 - i. Right words: Only words that are helpful! Delete swear words, sweeping words, sniper killer words. Use sanctifying words.
 - ii. Right time: “As fits the occasion” Wisdom requires us to hold our tongue and say the right words at the right time in the right place, in the right manner, for the right results.

C. What We **DO** (v.28)

It is puzzling that Paul inserted this exhortation on the believers' work ethics. He was probably so passionate and convicted about the believers' changed life that as he writes, this aspect of discipleship comes to him and he included it. He called out to the new community to stop stealing with these three work guidelines:

1. Work hard: The phrase, “let him labour” denotes “labour to the point of weariness”. Singaporeans are known to be hardworking to the point of burnt out. But the reason for our hard work may need evaluation.
2. Work well: The phrase “Doing honest work with his own hands” literally means “doing something good”. Our work must not only be hard work, but good work in the sight of God.
3. Work to share: Most of us work hard and well because we want to have a good life. But Paul tells us to work hard and well for a different reason. It's to share with those in need.

Conclusion

I am changed!