

» COVENANT EAST PICNIC AND GAMES

Have you been called to Covenant East? Let's play and bond as a Covenant East Family! Bring your kids and family, and even your pets to a morning of fun, food and fellowship.

Date: 25 Jun (Sat)

Time: 9am–12pm

Venue: East Coast Park

RSVP at <http://tinyurl.com/CEFCEastPicnic>

If you would like to help with food or games, email us by 20 Jun:

Food – jessie.quek@hotmail.com

Games – linda.chew@cefc.org.sg

» CHILDREN'S FEST

Children's Fest is happening on 26 Jun—two Sundays from now! We still need around 70 servers for **Bukit Panjang** to serve in mascot security, ushering, queuing and at the info booth. Sign up with your CG through SGL. If you don't have a CG yet, contact Aiwei at 6892 7219 or caiaiwei@newlife.org.sg

Leaders' Briefing Today

BPJ Centre: 2.45pm–4.00pm, Chapel

WDL Centre: 12.45pm–2.00pm

Joy and Love Rooms

» PRAYER & PRAISE

Singapore is facing an ageing population. Our senior citizens are a treasured group of people and we also want to recognise the important role of caregivers. Mr Kelvin Lee, manager at Touch Caregivers Support, will share some challenges we are facing as an ageing society. Let's come together and keep watch over our elderly and retirees!

Date: 24 Jun (Fri)

Time: 8pm

Venue: WDL Centre

» SERVE IN CHILDREN'S CHOIR

Children's Choir is looking for a volunteer instructor to co-teach a Children's Hand Chimes Ensemble. For more details, contact Shirley Chan at shirleychan60@hotmail.com

» IDMC CONFERENCE 2016

Sign up for IDMC Conference 2016: Marketplace Discipleship through Voyager. Invite your friends and they will enjoy \$30 off the registration price of \$280 if they use the coupon code **MKTCEFC** at www.idmc.org.sg

» SUNBEAM NEXT SUNDAY

Parents are reminded that BPJ Sunbeam P1–P4 children will be bussed to WDL Centre for combined services next Sun, 19 Jun. Please refer to bus timing given earlier. For enquiries, email tng.sunbeam@cefc.org.sg

WOODLANDS 12 JUN 2016
SERVICE LEADER SANDRA CHI // WORSHIP LEADER PS FABIAN GHUI



Stay Focused

BY: PS SHARON FONG, DISTRICT MENTOR

In an efficiency-driven country like Singapore, the ability to multi-task is highly applauded. If one is able to multi-task and completes various responsibilities on the plate, that person is usually well-esteemed by others. However, is multi-tasking a defining factor for success in life?

Some months ago, I went for my usual jogging routine. In order not to affect the timing of my run, I decided to stay at the fast speed while selecting a song on my iPhone at the same time. Lo and behold, in that simple process of multi-tasking, I was distracted. I missed my step and had a bad fall that led to a surgery and three weeks of medical leave. That was a painful lesson on multi-tasking that led to a distracted run and an unfortunate fall. Interestingly, multi-tasking may be blessing but also a stumbling block for us to stay focused and finish well.

I realised that the habit of multi-tasking has insidiously permeated the way we work, how we spend our leisure time,

and even how we observe our Sabbath. Walter Brueggemann says that one of the enemies in modern Christianity is multi-tasking as it has gradually become a drive to be more than who we are and to control more than what we can. Such a habit constantly yields a divided self who is present but absent; efficient but distracted. Often, we multi-task to an extent that we may be keeping sight of our deadlines but losing sight of God who is ever present with us. Proverbs 4:25 says, "Let your eyes look directly forward, and your gaze be straight before you." From this verse, we are reminded to stay focused on proper goals in life and not only the tasks at hand. Metaphorically, this verse also conveys that when a person is distracted from the right path, he is prone to stumble.

As we desire to press forward in light of 2028 *Vision*, let us make every effort to stay focused on the proper goals in life, stand firm, and finish well in the race.

Let's run and stay focused on God!



VISION

AUTHENTIC
DISCIPLESHIP
& INTENTIONAL
DISCIPLEMAKING
OF A CERTAIN KIND

VALUES

GRACE
GROWTH
GODLINESS

COVENANT EFC

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SERMON OUTLINE



One God, One Church

Scripture: **EPHESIANS 4:4-6** Sermon: **PS IVAN HO**

Introduction

In our increasingly individualistic society, Paul urges us as Christ's disciples to "be eager to maintain the unity" that we have in Christ (Eph 4:3).

Why should we make every effort to maintain our unity?

Three Foundational Reasons:

A. We Are One Body by the Holy Spirit

There is one body and one Spirit ... (v.4)

B. We Have One Faith in the Lord Jesus Christ

one Lord, one faith, one baptism (v.5)

C. We Are One Family Under God our Father

one God and Father of all, who is over all ... (v.6)

Conclusion

Make our unity visible!

Next Week's Sermon Speaker:
19 Jun **REV DR TAN SOO-INN** (BPJ and WDL)

LAST WEEK'S SERMON SUMMARY



Walk Worthy of the Call

Scripture: **EPHESIANS 4:1-3** // Sermon: **PS BARNEY LAU**

A. "Therefore, I Urge You ..."

1. The adverb, "therefore", refers to the larger context of Ephesians 1-3 about God's grace, which is our wealth as recipients. More immediately, in light of Ephesians 3:14-21 what God is able to do for us (Eph 3:20) through the work of the Spirit (Eph 3:16, 20) in filling us up to all the fullness of God (Eph 3:19b) when we call Christ Lord and know Christ's love (3:17-19a), Paul implored us to walk worthily of our calling.
2. Paul implored us not merely as an apostle, but as a prisoner for and of Jesus Christ, embodying the very same calling even to the point of being a prisoner.

B. Walk Worthy of the Calling (v.1)

1. In our performance-driven world, we often read verse 1 with the same mindset—as another call to "measure up" to a standard set for us.
2. But Paul is telling us to walk worthily **not** to earn our calling, but because we've already been made worthy by our calling!
3. To be called is to be named, chosen or summoned by a Caller. Calling is first and foremost always to Someone before it is a calling to something or some work.
4. We are called not because we are worthy; we are worthy because we are called!
5. In the parable of the prodigal son, the son lost his worth when he squandered away his inheritance because that's what he saw his worth was. But not the father, who loved him and received him gladly simply because he is his son.
6. Jürgen Moltmann: "For sinners are beautiful because they are loved; they are not loved because they are beautiful." Our worthiness is imputed to us by God's grace.
7. We know the worth of something by how much a person is willing to sacrifice for it. How much are we worth? The Son of God.

C. Walk Humbly in Unity(vv.2-3)

1. We walk worthily of our calling by walking in humility and gentleness, with patience and tolerance, and being diligent in being a peacemaker.
2. Contrast: Ephesians 3:16-19 focuses on the interior unseen life, while verses 2-3 focuses on the exterior seen life. The exterior is an outflow of the interior.
3. Grace, growth and godliness are the seen values of Covenant EFC, but the unseen values of truth, community, stewardship, balance and brokenness are interior transformation of our hearts that are not always seen.
4. No one can stand next to the Cross and not be humbled, broken and grateful.
5. When our hearts are transformed by the Spirit of God, Christ is enthroned in our lives. Our character and walk are transformed—it's like walking in life with an "L-plate" around our neck—we become humble, meek, patient, tolerant and diligent learners with nothing to hide, nothing to lose, and nothing to prove!

Conclusion

Would you walk humbly in Jesus because He has already made you worthy simply by calling you?